

DISCOVERING QUALITY JOBS

ELECTRICAL HELPER

WHAT ARE QUALITY JOBS?

Quality Jobs offer competitive wages and benefits, predictable hours, and opportunities for advancement without requiring a college degree. They exist in high-growth industries that value skills gained through alternative routes such as training programs, military service, lived experience, and more.

WHAT ARE ELECTRICAL HELPERS?

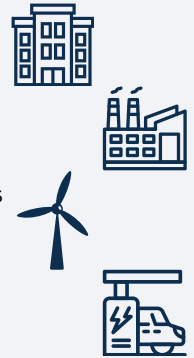
Electrical Helpers support electricians by moving materials, organizing tools, preparing work areas, and following safe jobsite practices. This entry-level role builds the experience and industry knowledge needed for registered apprenticeships and careers in the electrical trades, including clean energy infrastructure.

YOU MIGHT ENJOY THIS JOB IF YOU ARE:

- Interested in building things with your hands.
- Comfortable working indoors and outdoors.
- Curious about a career as an electrician.
- Known for attention to detail and following instructions.
- Committed to safety and teamwork.

ELECTRICAL HELPERS WORK AT:

Residential and Commercial Buildings
Public Infrastructure
Manufacturing facilities
Solar, wind, and battery storage projects
Battery storage facilities
Electric vehicle charging stations
Utility and power distribution projects



THEY ARE ALSO KNOWN AS:

Electrical Construction Helper
Electrical Installer
Electrical Technician Assistant
Electrician Helper
Material Handler / Support Tech (Union)

WHAT TO LOOK FOR IN A QUALITY JOB:



Living Wages: Starting wages typically range from **\$22-\$32 per hour**. Union jobs and registered apprenticeships may offer higher starting wages with scheduled pay increases.



Accessible Hiring Practices: **No advanced degree required.** Most employers accept on-the-job training, technical education and/or apprenticeship program acceptance in place of previous experience.



Comprehensive Benefits: Many employers offer full benefits including health insurance, retirement plans, and paid time off. **Union employers may offer additional benefits and worker protections.**



Training and Advancement Opportunities: **Employer training, technical education, and registered apprenticeships** provide pathways to advancement across a variety of skilled trades.

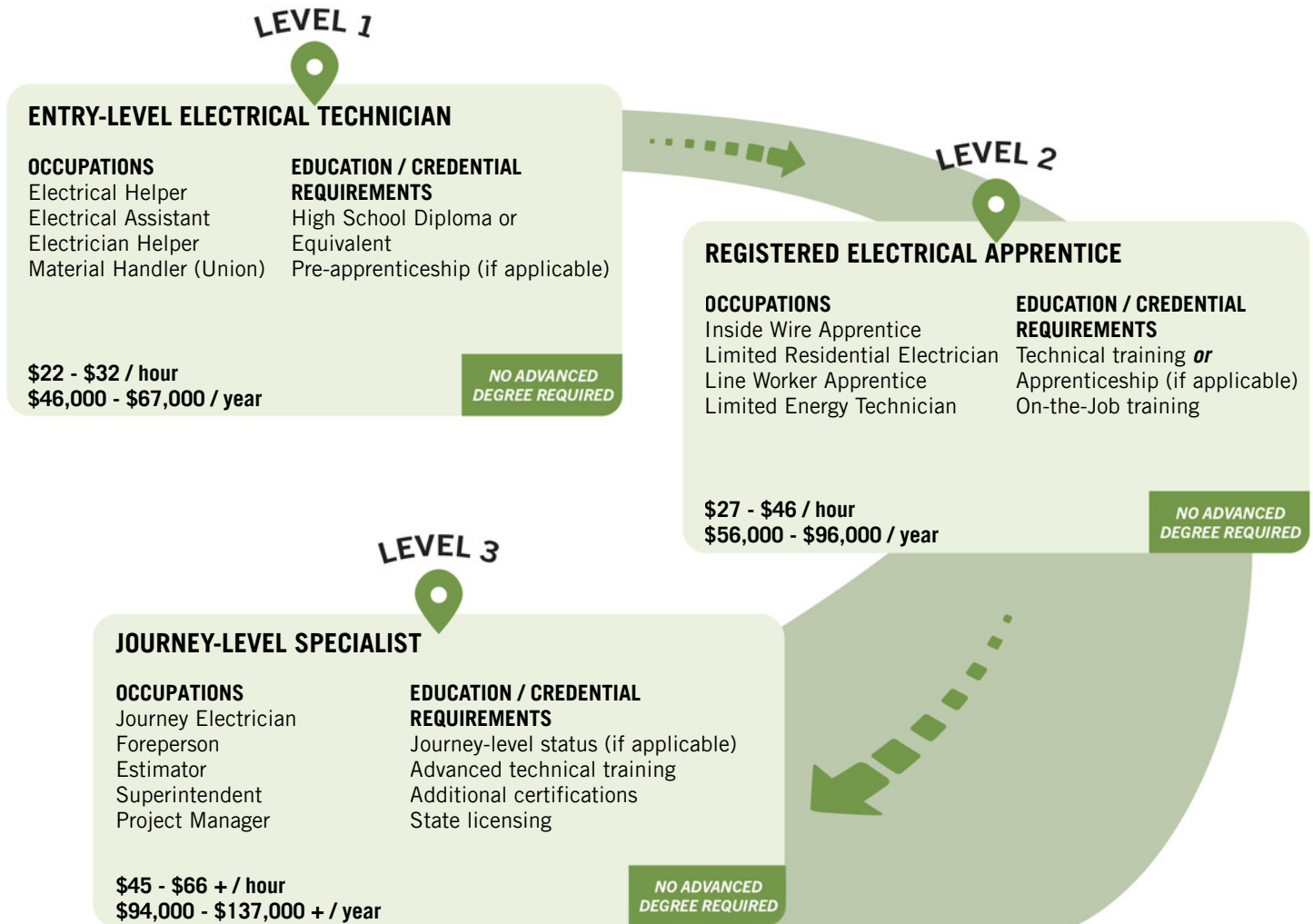


Predictable Schedule: **Most positions are full-time.** Schedules vary by employer and project and may include evenings, weekends, or overtime.



Worker Safety and Engagement: **Required safety training and use of personal protective equipment (PPE).** Many employers also provide mentoring from experienced electricians.

CAREER PATHWAYS FOR ELECTRICAL HELPERS



COMMON QUALIFICATIONS:

- 18 years or older
- High School Diploma or GED equivalent
- Additional requirements vary by employer or registered apprenticeship and may include a drug screening.*

*Visit the Oregon Bureau of Labor & Industries (BOLI) website for current registered apprenticeship qualifications and application requirements.

INSIDER TIPS:

- There are many ways to get started, including entry-level helper positions, pre-apprenticeships, and registered apprenticeships.
- Roles like Material Handler/Support Tech build experience for apprenticeships.
- Electrical skills can lead to careers in renewable energy, utilities, EV charging, battery storage, and building automation.



GET STARTED

CONNECT WITH A WORKSOURCE REP

Talk to your career coach or get in touch with a WorkSource representative today at worksourceportlandmetro.org.

GET A HEAD START

WorkSource offers scholarships for training and certification. Learn more about applying by attending a free virtual info session.

Visit worksourceportlandmetro.org/events to register.

WorkSource is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. To place a free relay call in Oregon, dial 711. This program financed in whole or in part with funds provided by the U.S. Department of Labor through Worksystems — the Portland Metro Workforce Development Board.

